**Instructions for NHS APP**

Before downloading the APP you will need your passphrase, account code and practice code, you will need to get this from your GP practice.

Go to your play/APP store

Find NHS APP and install

Log in or create account

Do you have NHS login – click NO – continue

Put your email address in

Select a password – agree and continue

You will then get an email

Click confirm in the email then come back to phone to continue

Once confirmed in the email it will prompt you to sign in

Enter your mobile number – continue

Will send code via text

Put it in and continue

You will need to prove who you are – continue

The easiest way to do this is to have the 3 registration details

It will ask - Do you have all these 3 – click continue

If ok continue

Put your name in – continue

Put date of birth in – submit

Tick and accept terms and conditions – continue

You will then be in

Every time you log in it will send a text with a new code – enter it in and continue